

August 2024
Volume 51, Issue 7

Freedom Fraternity Progress



Trollheim News

Greetings to all members!

I hope you are enjoying summer activities and are doing well. I messed up and missed the Scandinavian Midsummer Festival. Many of you attended and reported you had a fun time meeting other Lodge members. Our Lodge is welcoming Storfjell members who are transferring to Trollheim at our August 17th meeting at 2pm. We look forward to meeting everyone who can attend. Our Lodge hosted a very successful Rosemal Retreat. Keep reading this newsletter for more photos and information.

Be sure to check out the Munch paintings that have been hung in our Lodge by **Joan Johnson, Connie and Earl Bartram, and Siri Martin**, who have done an expert job of it. The paintings are a most generous gift from **Reider Hansen**, a former Trollheim member who moved to Guatemala. We are very thankful to him.

SON has several activities that qualify for a medal, such as swimming which **Carol Bjomestad's son, Brady**, qualified for. Please consider completing the simple form to receive a special SON medal.

This year is an election year for our Lodge, so please get involved and volunteer for a position. We have a committee set to call all current members to inquire about your interest in a Lodge position. Soon, we will have our very busy Fall season of activities, such as the Walleye Fish Fry, the Christmas Fair and Celebrations, all the Lodge's heritage activities will be starting again *and of course Joan's Butikk will continue to be open on Saturdays with great Scandinavian items for your shopping pleasure.*

A Special Notice: we will have our September General Meeting on 9/21, Saturday at **5 PM**. It's a one time change, as we are allowing the High Country Chorus to use our main room for a special practice. We have a fun meeting planned. As always, stay well and cool.

President, **Perry Monkelien**

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Trollheim Lodge 6-110
Sons of Norway
6610 W 14th Ave.
Lakewood, CO 80214
303-232-1700 (messages)

President: Perry Monkelien
pdmonkelien@gmail.com
303-699-1073



Calendar of Events 2024



*HAPPY
AUGUST
BIRTHDAYS!!*

Elizabeth J Lyda	1
Loren Mattern	1
Orvid R Olson	1
Jeremy Ryan Amdahl	2
Sarah M Hughes	6
Randy Degerness	7
Gail M Dow	9
Alicia Kinnamon	11
Louise L Bath	13
Brady Nason	15
Elan Lamas	17
Carol A Bjornestad	20
Karen M Arensen	23
Avery Kvamme	24
Bruce Bailey	26
Søren Robert Hansen	27
Taryne Jensen	27
Joyce Leigh	30

August

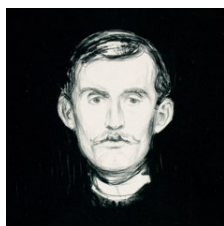
- 5 Board Meeting 12 noon followed by TCB meeting
- 17 General Meeting 2pm. Welcome to Storffjell members
Potluck Dinner with hamburgers provided. Members bring sides and desserts

September

- 2 Board Meeting 12noon
- 14 Genealogy in library 10am
- 14 Walleye Dinner 4:30
- 21 General Meeting 5pm

October

- 5 Rosemal Seminar 9:30-3:30
- 12 Rosemal Seminar 9:30-3:30



Trollheim recently accepted a large donation from former member **Reidar Hansen** of his Edvard Munch paintings. No, *The Scream* is not part of the donation! Huge thanks to **Connie and Earl Bartram, Joan Johnson** (planned curator/docent) and **Siri Martin** who hung all of the paintings in the banquet hall, foyer, and one in the women's restroom. Reidar suggested one grouping, the others were thoughtfully arranged with image themes and Joan Johnson's fine art degree/knowledge. We can't wait for a future program or event to hear Joan's excitement and research about each piece and perhaps **Ron Taylor's** impressions, having had a similar art education as Joan.

Genealogy

Do you want to learn more about your Norwegian ancestry and meet other Norwegians searching for family history? Trollheim Lodge Genealogy meets the 2nd monthly Saturday from September to May at 10-noon in the Trollheim Library. We are a lively group sharing interest in our Norwegian ancestors. Our sessions are a mix of family stories, demonstrations of research tools, genealogy resources and Norwegian history and culture and always some fine food. If you are interested in learning more about Norwegian genealogy, please join us.

Our next Genealogy gathering is Saturday, September 14, 10-noon in the Library at Trollheim Lodge, 6610 W 14th Ave. Lakewood CO
For more information, contact: **Esther Mills** millser2@msn.com

Congratulations Scholarship Recipients

Quinn Johnshoy - Continuing medical education at Loyola.

Siri Martin - second year at St Olaf

Charlie Martin - first year at Tulane. Charlie also won a SON Headquarters' Scholarship.

WAY TO GO!!! Good luck to each of you!



Sunshine

Mary Ellen Lewis, wife of Adrian, passed away June 24, 2024, at age 95. What a long, full life. A Graveside Service was on Friday, July 5, 2024 at the Erdahl Cemetery, on the Lewis family plot with lunch at Christ Lutheran Church in Elbow Lake, Minnesota. Barb Hessel remembers joyfully how Mary Ellen consistently filled 2-3 tables of guests for our Lutefisk and Wall-eye dinners and the Syttende mai smorgasbords and lunches. We have missed her and Adrian's presence these past years. Rest in Peace Mary Ellen.

Inga Fox-Jones (1951-2023) died September 23, 2023 after a 10-month battle with pancreatic cancer. Her spiritual ceremony and internment of ashes took place December 2, 2023, Gainesville, FL, her childhood home.

Inga enjoyed participating in community events, event dinners, lectures, Christmas markets, ceremonial events, shopping at the Butikk and learning heritage arts and crafts. She especially valued and enjoyed the enduring fellowships and friendships that she nurtured over 25 years of membership at Trollheim. It was a special place that reflected her Nordic DNA, a land she revered and it was an undeniable part of her personality. Her mother was born and raised in Bergen. Inge had visited Norway on many occasions, from family journeys as a child and later with her husband.

She is survived by her husband Chris Jones, her father William F. Fox, and brother William B. Fox (Pennsylvania).

A Celebration of Life Gathering to honor and remember her 39 years in Colorado was held July 21, 2024 at Bethany Lutheran church. Cards can be sent at 3103 S Adams Way, Denver, CO 80210-6902.

Donna Robinson and her husband Jim recently moved to Wind Crest Senior Living Community in Highlands Ranch. We hear it is really nice and a place to make life easier. After many weeks of packing and moving, we hope they are rested up. We hope to see you soon at a Trollheim event. They can be reached at 2927 Summer Wind Lane Unit 4303, Highlands Ranch, CO 80129.



Dawn Nelsen's son Caan Taylor married **Carolyn Fraser** on June 21st in Breckenridge, CO. The new family includes Colin Fraser (6), Everett Taylor (10 months) and Echo.

President: Perry Monkeliën
303-699-1073
pdmonkeliën@gmail.com

Vice-President: Bruce Bailey
720-732-7791
bruce.bailey@comcast.net

Treasurer and Historian:
Connie Bartram
303-467-3299
ceec4@msn.com

Secretary & Sunshine: Karalou Mattern 303-918-9673
karaloumattern@msn.com

Financial Secretary: Barb Hessel
303-989-4496
hesselbh@comcast.net

Membership: Sarah Hughes
303-424-6821
hmysticmo@juno.com

Cultural Director: Suzanne Eugster
303-408-4353
sprej8@hotmail.com

Sports/Rec Director: Carol Bjornestad
303-907-1107
cbjornestad@gmail.com

Greeter:
Donna Robinson
303-421-4408
robinjd@q.com

Marshall
Pat LaMoe patlamoe@msn.com

Website: Elisha McDowell
(719) 671-3551
elishamcdowell.work@gmail.com

Trollheim Lodge donates \$50 to the Scholarship fund in remembrance of each departed member.

Foundation Director:
Bev Moe 720-746-9755
bevm259@comcast.net

**Scholarships Director and
Kitchen Manager:** Joan
Johnson 720-326-6015
jei.jay48@gmail.com

Auditor: Dani East
303-981-5835
danieast57@gmail.com

Newsletter Editor:
Dawn Nelsen
303-898-6853
dawnnelsen@gmail.com

**Trollheim Building Corpo-
ration (TBC)**
President: Ron Taylor
303-934-0543
Vice-President: open
Treasurer/Rentals: Michael
Homan 303-888-2934
Secretary: Open

Joan's Norske Butikk
Manager: Bruce Bailey
managernorskebutikk@gmail.com

Crew:
Syrena Plakke
Dani East
Cheryl Amdahl
M Kilgannon



**Joan's Norsk
Butikk is OPEN!
Please visit us
Saturdays
9:30-1:30!**

TROLLHEIM ATTENDS MIDSUMMER FESTIVAL IN GOLDEN



Many Trollheim members attended the *wonderful* June Midsummer Festival held in Golden for the first time! We had a brief General Meeting and several members joined for a group photo (on back page)! Others wandered off to take in the many vendors, Viking activities, entertainment and food! Bunad members **Bev Moe** and **Connie Bartram** were in the parade to kick off the event June 15. Members **Louise Bath** and **Kirstin Lewis** hosted their rosemal demonstration tables and drew many interested lookers and shoppers. Way to go Trollheim and The Scandinavian Alliance who pulled this event together! This is a fantastic family day of fun! See you next year!!



WANTED



KITCHEN GNOMES

FOR

THE WALLEYE FISH FRY

Saturday, September 14, 2024

To volunteer contact

Connie Bartram
303.489.9713
ceec4@msn.com

or

Joan Johnson
720.326.6015
jej.jay48@gmail.com

Kitchen gnomes get a reduced priced meal.

Please volunteer by Sepetember 7, 2024

Lodge Workday

A big shout out to the folks who came last minute on Monday July 8th and groomed the parking lot and landscape, cleaned out the building gutters and cleaned inside the lodge for the rosemal retreat. **Earl and Connie Bartram, Michael Homan, students Siri and Charlie Martin, Joan Johnson, and Perry Monkelien** weathered the bright sunshine and heat, and made significant progress. Those who worked inside had the lodge shining and ready for the retreat.

Fraternally, Ron Taylor, TBC President

Rosemal Retreat – Tusen Takk to My Trollheim Lodge!

Our turnout for the first ever rosemal retreat at Trollheim was wonderful by all accounts with 27 attendees, instructors and students from all over the USA—from Hawaii to Massachusetts. I am proud to have organized this event that was held July 16—20. The 5 days sped by as students and instructors learned from each other. The many photos taken by **Connie Bartram** give a snapshot overview of the event. I cannot thank enough Trollheim members **Michael Homan, Connie Bartram, Joan Johnson, and Earl Bartram** for setting up the classroom, papering student and instructor tables and decorating the eating tables to use early Wednesday morning. Thanks for preparing and serving lunches for 4 days, and for keeping the coffee pots and hot water ready daily for all. **Bruce Bailey** opened the Butikk extra hours for us, too. Many of these same people helped clean up the banquet hall and kitchen including student **Charlie Martin** who carried my retreat supplies to my van and then stayed and cleaned the floors. This event was a fundraiser and I believe the lodge board will appreciate the proceeds. Thank you Trollheim for hosting us and for the excellent care and attention to detail. I'm so happy to be a member of this lodge.

Fraternally, Diane Edwards



Vesterheim Rosemaling Gold Medalist, **Louise Bath** is planning to teach a 2-day rosemaling seminar at Trollheim Lodge on Saturday, October 5 & 12 from 9:30-3:30. The rosemaling style is Os and we will paint a traditional small sending basket. The cost of the class is \$48 and cost of basket is \$25. I have a limited supply of these baskets so register early for this class. Email Louise at lbath25@comcast.net or call at 303-819-8194.

Louise is planning another seminar early in the new year, also in the Os Style. This will be painted on a 12 inch high Fjord Horse as pictured above. If you are interested in this class, please contact her so she can order the correct number of horses from Mike Lusk.



Trollheim's Annual Walleye Fish Fry



*Saturday, September 14, 2024
1630 hours (4:30 PM)*

*Trollheim Lodge 6-110
6610 West 14th Avenue, Lakewood, CO*

We will take the first 120 paid reservations.

Contributions

*Adults\$28.00
Under 12....\$10.00*

Menu

*2 Walleye fillets
baked potato, coleslaw
pickled beets, roll, dessert*

Come early and shop at Joan's Norsk Butikk

Please RSVP before Sseptember 4, 2024

===== > *Make checks payable to: Sons Of Norway* <=====

You may call Barb (303.989.4496) to check on availability. Fill out the form below and mail it with the payment and a stamped, self addressed envelope to:

Barb Hessel, 953 S. Holland St., Lakewood, CO 80226



Walleye Fish Fry

Name _____ # Adults(@ \$28) _____

Email _____ # 3 to 12 (@\$10.00) _____

Phone _____ Total Amount \$ _____

Seating Request? _____

(Optional)



Scandinavian Festival 2024

Sons of Norway
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