

February 2024
Volume 51, Issue 2

Freedom
Fraternity
Progress

Trollheim News



Greetings to all members! With the frigid cold weather we've had, I hope you all have stayed warm and in good health.

We initiated a great group of new members in January. We hope some of you new members have some great input for our lodge activities. A few activities we could use your help is at the Butikken on any Saturday from 9:30-1:30, (please contact Bruce at 303-232-1700), at our Lutefisk Dinner, Feb 10th at 1pm, (please contact Connie at 303-467-3299) and at the Colorado Barneløpet on Feb 24th, (see the announcement in this newsletter). It's always great to meet and work/play with new members.



Trollheim News
February 2024
Volume 51 Issue 2

Trollheim Lodge 6-110
Sons of Norway
6610 W 14th Ave.
Lakewood, CO 80214
303-232-1700 (messages)

President: Perry Monkelien
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303-699-1073

Editor: Dawn Nelsen
dawnnelsen@gmail.com

Our Feb 17th General Meeting at 2pm is our official 50th Anniversary meeting. We'll have a special cake, a Memorial Service for deceased members, and give out member recognition pins. Our formal 50th Anniversary Celebration is April 20th and we're making great progress on planning a really BIG and FUN ONE!! **Let's all keep our lodge strong for our GOLDEN 50th.**
Tusen Takk! President, **Perry Monkelien**



Erin and Perry

Calendar of Events 2024

HAPPY
FEBRUARY
BIRTHDAYS!!



Barbara D Hessel	1
Annette Kvamme	1
John Martin	1
Lois R Doeksen	2
John Kinnamon	5
Larry Stennes	5
Suzanne Christian	6
Karin Rohleder	9
Adrian Lewis	10
Sophia Lamas	11
Carla Olson-Kite	12
Cheryl Amdahl	13
Jacqueline Bland	13
Jan Mason	13
Bjorn Dahl	16
Anne Nording	16
Emma Roberts	16
Albert Ehret Jr	19
Barbara Bessesen	20
Ruth Peterson	20
Ayden Gunderson	21
Novella Falco	22
Rob Striegl	22
Jean Healey	23
June Blanchard	25
Doug Wheeler	25
Marin Rosenvold	27
Lawrence L Freng	28
Nancy Hamilton	28

February

- 2-3 Rental – Mile Hi Chorus event
- 8 Board meeting 11am; TBC meeting 10am
- 9 Noon to 3 – *food prep for lute dinner*
- 10 Genealogy 10am-noon; meet in library
- 10 Lutefisk dinner 1pm
- 17 General meeting 2pm - Snack and dessert potluck. **Memorial Service and Member Recognition 5-yr and cultural pins. Acknowledgement of Trollheim’s 50th Anniversary month, special music**
- 24 Barnelopet

March

- 4 Board meeting 11 am
- 16 General meeting 2 pm– Snack/dessert potluck and video the *Power of Silver* Norwegian Traditional Jewelry

Trollheim Members Only

You are cordially invited to attend the

50th Anniversary Celebration

of the founding of

Trollheim Sons of Norway Lodge 6-110

When: April 20, 2024

Where: 6610 West 14th Avenue
Lakewood, CO 80214

Time: 3 p.m. doors open for social activities
4:15 be seated for dinner and program

Members: \$10.00

Non-members: \$30.00 (*limited to 1 per household*)

All RSVPs and payments are due by April 1, 2024.

Please fill out the information to choose your menu choice. Place an 'X' to indicate your choice of main dish. Fill out information for each Sons of Norway member and a non-member (if applicable) in your group. **Send the completed form and payment with a self-addressed and stamped envelope to Barb Hessel, 953 S. Holland St., Lakewood, CO 80226.** For questions call Barb Hessel at 303.989.4496

Member Name	Chicken	Salmon
Member Name	Chicken	Salmon
Member/Non-member name	Chicken	Salmon

***Please note that this is a catered event.
Seating is limited and payment is non-refundable***



Sunshine



Herbert Pallesen: born July 28, 1930 in the Norwegian community of Bay Ridge, Brooklyn, New York to Helen and Herbert Pallesen. His 4 grandparents were direct immigrants from Norway. He graduated from Brooklyn Technical High School in 1948 and Cornell University with a degree in mechanical engineering in 1952. Herb retired after 36 ½ years of service at Cornell University in 1988, after which he and his wife traveled extensively.

Herb passed away on December 23, 2023 at the Hillcrest Care Center, a skilled nursing home in Wray, CO.

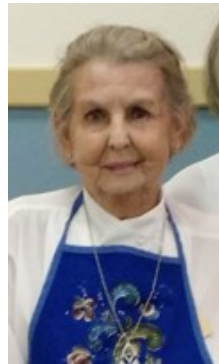
Send cards to:

Fran Pallesen, 1319 Birch Circle, Yuma CO 80759



Lee Corns passed away in December 2023. She was a longtime member of Trollheim until recent years when the lodge was too far away from her home in Highlands Ranch. Lee helped Bev King in the kitchen wearing the colorful rosemaled apron.

"in lieu of flowers take the time to feed the squirrels."



Jane ("Inge") Fox-Jones gave up a courageous battle with pancreatic cancer on September 20, 2023, dying peacefully at Porter Hospice in Denver, CO. with her husband Christopher by her side. While Inge's life journey led to a permanent home in the Rockies, the south and Gainesville always remained a special place, a place with heart-felt attachment. Enduring southern roots and manners shaped her personality and attractiveness. She felt blessed to have had loving and nurturing parents and she could be described as a perfect daughter. While she left us too soon, she had no regrets and lived a full life, rich with accomplishments, good deeds, a happy marriage, extensive travel and fulfilling experiences. To read the entire beautiful obituary, click here. [Jane Fox-Jones Obituary - Forest Meadows Funeral Home - Gainesville - 2023 \(legacy.com\)](#)

President: Perry Monkelien
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Vice-President: Bruce Bailey
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Treasurer and Historian:
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ceec4@msn.com

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Sports/Rec Director: Carol Bjornestad 303-907-1107
cbjornestad@gmail.com

Greeter:
Donna Robinson
303-421-4408
robinjd@q.com

Marshall
Pat LaMoe patlamoe@msn.com

Website: Elisha McDowell
(719) 671-3551
elishamcdowell.work@gmail.com

Trollheim Lodge donates \$50 to the Scholarship fund in remembrance of each departed member.

Free Children's Cross Country Ski Event

BARNELØPET

1.0 Km, 2.5 Km & 5.0 Km for ages 0 -16



Saturday, February 24, 2024



Snow Mountain Ranch ~YMCA~ Granby,
Legett Hall

Sponsored by Sons of Norway

- Register at www.barnelopet.com or at 9:30 a.m. on the day
- Check in at 9:30 AM, Beginner Ski Lessons from 10:00-11:00 AM, Event begins at 11:15 AM
- Free ski rentals at YMCA Nordic Center
- After event reception with refreshments
- For further information contact:

Lois Hodne at (303) 324-1880 or loishodne@gmail.com
or Jon Eirik Holm-Johansen, Coordinator
(970) 412-0433 or tvchiro@gmail.com



Contact Michael Homan or Bev Moe to volunteer as a
Trollheim representative!

Scholarship Reminder

Trollheim Lodge 6-110 Scholarships are available to any Lodge member who intends to continue their education at a nationally accredited college or university. Scholarships are available in amounts of \$500 to \$1,500 Applications are accepted January 1 to March 31, 2024. For application information, contact:
Joan Johnson 720.326.6015
jei.jay48@gmail.com.



I was struggling to understand how lightning works and then it struck me.



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Bev Moe 720-746-9755
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Scholarships Director and
Kitchen Manager: Joan
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Trollheim Building Corpo-
ration (TBC)
President: Ron Taylor
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Vice-President: open
Treasurer/Rentals: Michael
Homan 303-888-2934
Secretary: Open

Joan's Norske Butikk
Manager: Bruce Bailey
managernorskebutikk-ken@gmail.com

Crew:
Syrena Plakke
Dani East
Cheryl Amdahl



Joan's Norsk Butikk is
OPEN! Please visit us
in February!

Lutefisk and Meatball Dinner

Sons of Norway: Trollheim Lodge
6610 West 14th Ave.

Date: February 10, 2024, 1:00 pm

Adults: \$27

Children 5 - 12: \$17

RSVP by Feb.1, 2024

Seating limited

Call Joan Johnson
to volunteer!!
720-326-6015



RSVP by: Feb. 1, 2024 Make checks payable to: Sons Of Norway

LUTEFISK & MEATBALL DINNER

Fill out this form and mail it, with your check, to Barb Hessel,
953 S. Holland St. Lakewood, CO 80226. Phone: 303-989-4496

Make checks payable to Sons of Norway.

Name _____ #Adults(@\$27) _____

Email Address _____ #3 - 12 (@\$17) _____

Phone Number _____ Total Amount: \$ _____

SEATING REQUEST _____

Welcome our newly installed members!



Sons of Norway
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