

October/November 2024
Volume 51, Issue 9

Freedom
Fraternity
Progress



Trollheim News

Greetings to all members!

The long hot summer has ended and we begin to cool down, but only temperature wise. Our Lodge has been very active. In September, we hosted a very successful and fun Walleye Fish Fry and a General Meeting. We are now preparing for our **Christmas Fair Nov 1 & 2**. Joan's Butikk has a great selection of fun Norwegian and Scandinavian gift items selected just for you. We will also have 20 vendor tables of beautifully, hand crafted gifts.

I have very sad news. Our friend, former member and most generous benefactor of the Munch artwork, **Reidar Hansen**, has passed. We will send information to you as we receive it for his Celebration of Life. Please keep his family in your thoughts and prayers during this difficult time.

Our nominations take place in October and elections for officers are in November. We are calling to ask your interest in becoming a Trollheim officer or volunteering in our Lodge. Please give it your sincere consideration. Our next General Meeting is Oct 19 at 2pm. Please note, this newsletter is for both October and November. We look forward to seeing you. As always, STAY WELL!

President, **Perry Monkelien**

Trollheim News
October/November 2024
Volume 51 Issue 9

Trollheim Lodge 6-110
Sons of Norway
6610 W 14th Ave.
Lakewood, CO 80214
303-232-1700 (messages)

President: Perry Monkelien
pdmonkelien@gmail.com
303-699-1073



Calendar of Events 2024

October

- 5 Rosemal Seminar 9:30-3:30
- 7 Board Meeting 12 noon
- 12 Rosemal Seminar 9:30-3:30
- 12 Genealogy in the library 10am
- 19 General Meeting 2pm
- 26 Lefsa Making Academy 10am

November

- 1 & 2 Christmas Fair
- 4 Board Meeting 12 noon
- 9 Genealogy 10am Trollheim Library
- 16 General Meeting 2pm Elections of Officers, Dessert/Snack Potluck



**HAPPY
OCTOBER
BIRTHDAYS!!**

Kathryn Johnson	1
Macie Christianson	6
Donna M Enger	6
Craig Dahl	9
Kristen Saathoff	9
Marilyn M Berg	10
Clark M Lyda	10
Christopher Raymond Jones	17
Dennis S Reynolds	17
Gloria Torrison	18
Monta Lee Dakin	20
Joshua Cummings-Burgin	25
Mildred K Olson	25
Joel B Sigdestad	29
Sandra T Hagevik	30
Billy O Wadsworth	31

Come to Trollheim's Lefse Making Academy!

WHEN: Saturday Oct 26, 2024, from 10-1 pm

WHERE: Trollheim kitchen and spill over into the banquet hall as necessary

WHO: All are welcome to learn the "fine art" of lefse making.

If you have lefse gear, a recipe you like, please bring your gear, recipe, and pre-made dough! We are hoping for 3 – 5 lefse instructors, each with a different method or recipe for making the dough and then how they roll and grill it. As Zone 8 Director, I say that "we will have you rolling in the aisles!" Aprons and dough will be provided.

No fee, but RSVP to GRNBViking09@live.com or call 970-364-8013 by Oct 24. By having a headcount of attendees, we can have enough dough for you, your family and guests. After class, you may want to purchase lefse gear and/or frozen lefse in from the Butikk. You'll leave with more than knowledge; you might have "Rolled Your Own" lefse. *Diane Molter*

HAPPY NOVEMBER BIRTHDAYS!!

Brenda O Dunbar	2	Arne Jorgensen	15
Dina A Isern	3	David Bortnem	17
George O Torrison	5	Kirstan Crelly	19
Mary M Wiberg	6	Juliann Jenson	20
Anne H Wormely	9	Mariah Hueske	21
Travis Bortnem	11	Susan Anne Meddick	21
Richard A Roline	13	Toshiko Ogishi	24
Joan E Enget	14	Suzanne P Eugster	27
Sidney E Haugum	15	Linda P Demarche	29
		John Rodden	29
		Michael James Homan	30



Sunshine

Connie and Earl Bartram recently traveled to Portugal and Spain. We look forward to hearing about their trip and seeing the pictures.

Barb and Bill Hessel were thrilled with their recent visit with great-granddaughter Sophie who lives in Peachtree City, Georgia and is 4 months old. Mama Amanda and Papa Alex visited, too. (photo on page 2)

Karalou and Loren Mattern recently visited the Hjemkomst Center and the Hopperstad Stave church replica in Moorehead, MN. The Hjemkomst (home coming in Norwegian) is a replica Viking ship that was built in Moorehead and did sail to Norway. The museum tells the story of building the Viking ship and the experiences of sailing to Norway. The replica Hopperstad Stave church is a full scale replica of the Hopperstad Stave Church in Vik, Norway. It is a very interesting museum and highly recommended.



Hilberg "Reidar" Hansen

It is with deep sorrow and fond remembrance that we announce the passing of Hilberg Reidar Hansen Jr., who died unexpectedly on August 21, 2024. He was born in Philadelphia, PA, in 1948 to Hilberg Hansen, an immigrant from Norway and Clara Bowman, a native of Louisiana.

In 1972, he married Anita Louise Hansen from Orange, TX, the love of his life and his best friend. Together they welcomed two children, Erika Leigh and Hendrik Leif. His career brought them to Denver in 1993, a city he has since called home. Shortly after relocating, a tragic car accident claimed his beloved son, Leif, and left Anita paralyzed.

In 2015, seeking new adventures, Reidar relocated to Mexico with his wife, his daughter and grandsons. There, he embraced the culture, eagerly learned Spanish, and formed deep, lasting friendships. His love for Mexico was matched only by his longtime enthusiasm for exploring his Norwegian heritage, culminating in the joy of seeing his grandsons connect with his Norwegian relatives-- a wish that was fulfilled in a trip that, ironically, occurred the week of his death.

A highlight of Reidar's time in Mexico was adopting his dog, Ludeaux, from a local shelter. The two were inseparable, and Ludeaux became not only a loyal friend but also a source of immense joy and solace for Reidar.

Sadly, in 2020, Anita lost a short and painful battle with cancer and Reidar eventually decided to come back to Denver to be closer to family and friends.

President: Perry Monkelien
303-699-1073
pdmonkelien@gmail.com

Vice-President: Bruce Bailey
720-732-7791
bruce.baila@comcast.net

Treasurer and Historian:
Connie Bartram
303-467-3299
ceec4@msn.com

Secretary & Sunshine: Karalou Mattern 303-918-9673
karaloumattern@msn.com

Financial Secretary: Barb Hessel
303-989-4496
hesselbh@comcast.net

Membership: Sarah Hughes
303-424-6821
hmysticmo@juno.com

Cultural Director: Louise Bath
(303) 819-8194
lbath25@comcast.net

Sports/Rec Director: Carol Bjornestad
303-907-1107
cbjornestad@gmail.com

Greeter:
Donna Robinson
303-421-4408
robinjd@q.com

Marshall
Pat LaMoe patlamoe@msn.com

Website: Elisha McDowell
(719) 671-3551
elishamcdowell.work@gmail.com

Trollheim Lodge donates \$50 to the Scholarship fund in remembrance of each departed member.



LOKI WELCOMES NEW TROLLHEIM MEMBERS!

LOKI extends a warm welcome to the SON members previously with Storfjell Lodge and other new members who have recently joined Trollheim Lodge. Our in-house trolls hope to see you often. Opportunities to jump in are:

- * At the General Meetings on the 3rd Saturdays at 2pm unless otherwise stated in the newsletter
- * Attend genealogy once per month - dates in the newsletter.
- * Attend rosemaling classes - details of who to contact about supplies and class fees in the newsletter.
- * Shop in the Butikk, a rare find to have a Scandinavian retail store at your fingertips and supports lodge operational expenses.
- * Help in the kitchen and/or dining hall for occasional meal events (walleye in September, lutefisk in January) - watch newsletter for flyers.

We function solely with help and time from volunteers. Places where we appreciate help....

- * Play the keyboard to lead singing of our national anthems
- * Fold and mail snail mail newsletters to those without email addresses
- * Arrange tables for meetings
- * Organize the potluck snacks/desserts tables
- * Put away leftovers, wash tables, kitchen counters, and coffee pots to clean up after meetings
- * Do indoor and outside maintenance
- * Help in the Butikk
- * Help in the library
- * Teach a class in hardanger or other Norwegian culture skill, or hold an office or appointment position.

For answers to questions or concerns, please call or email any officer and board member listed in the newsletter. Remember that ***Volunteering is the best way to meet other members and really be a part of the lodge.***

We install our new members at a General Meeting (date to be determined for 2025). Certainly Loki, with the help of our membership secretary, will notify you about that occasion. *Tusen takk, Loki*

Foundation Director:
Bev Moe 720-746-9755
bevm259@comcast.net

**Scholarships Director and
Kitchen Manager:** Joan
Johnson 720-326-6015
jei.jay48@gmail.com

Auditor: Dani East
303-981-5835
danieast57@gmail.com

Newsletter Editor:
Dawn Nelsen
303-898-6853
dawnnelsen@gmail.com

Trollheim Building Corporation (TBC)
President: Ron Taylor
303-934-0543
Vice-President: open
Treasurer/Rentals: Michael
Homan 303-888-2934
Secretary: Open

Joan's Norske Butikk
Manager: Bruce Bailey
managernorskebutikk@gmail.com

Crew:
Syrena Plakke
Dani East
Cheryl Amdahl
M Kilgannon



**Joan's Norsk
Butikk is OPEN!
Please visit us
Saturdays
9:30-1:30!**

Genealogy

Do you want to learn more about your Norwegian ancestry and meet other Norwegians searching for family history? Trollheim Lodge Genealogy meets the 2nd monthly Saturday from September to May at 10-noon in the Trollheim Library. We are a lively group sharing interest in our Norwegian ancestors. Our sessions are a mix of family stories, demonstrations of research tools, genealogy resources and Norwegian history and culture and always some fine food. If you are interested in learning more about Norwegian genealogy, please join us.

**Volunteer for the Trollheim Lodge Board of Directors or the Building Corporation Board
Fall 2024—2 year term begins January 2025. We want fresh ideas and need your help!**

POSITION	INCUMBENT	VOLUNTEER - you can run against incumbents
Lodge President	Perry Monkelién	
Lodge Vice President	Bruce Bailey	
Lodge Secretary	Karalou Mattern	
Lodge Financial Secretary	Barb Hessel	
Lodge Membership Secr.	vacant	Need volunteer for vacancy
Lodge Treasurer	Connie Bartram	
Lodge Cultural Director	Louise Bath	
Lodge Event Manager	vacant	Need volunteer for vacancy
Foundation Dir-fundraisers King Soopers Rebate	vacant	Need volunteer for vacancy
Scholarship Director	Joan Ellen Johnson	
Sports/Rec Director	Carol Bjornestad	
Asst Treasurer/Auditor	Dani East	
Trollheim Building Corp	vacant	Need volunteer for vacancy
Trollheim Building Corp	Connie Bartram	
Trollheim Building Corp	Michael Homan	
Trollheim Building Corp	vacant	Need volunteer for vacancy

The critical positions below are filled by appointment by President Perry. However, Perry wants and needs to know that you volunteer! It's the best way to get involved with the lodge and meet other active members!

LODGE POSITION	INCUMBENT	VOLUNTEER NAME
Counselor	Elaine Homan	Not applicable
Meeting Marshals/Greeters perfect for a couple	vacant	Need volunteer for vacancy
Meeting Parliamentarian	Pat LaMoe	
Newsletter Editor	Dawn Nelsen	
Music	vacant	Need volunteer for vacancy
Webmaster Assistant Web/content	Elisha McDowell vacant	Need volunteer for vacancy
Sunshine-assists with me- morials & obituaries	vacant	Need volunteer for vacancy
Lodge/Store Publicity	vacant	Need volunteer for vacancy
Librarian	Perry Monkelién	
Historian	vacant	Need volunteer for vacancy

HOW TO VOLUNTEER?

Respond to a phone call from a nominating committee member. OR

Contact by email or phone message any of the nominating committee: President **Perry**, Secretary **Karalou**, Financial Sec. **Barb H**, or Cultural Dir. **Louise B**. Their phone numbers and emails are in this newsletter.

Deadline to volunteer is October 30, 2024.

Elections will be held at the lodge on Saturday November 16th at 2 pm. Please attend.

Installation of Officers and Appointments is January 18th, 2025, at 2 pm. Please attend.

Trollheim Christmas Fair

SONS OF NORWAY, TROLLHEIM LODGE
6610 West 14th Ave.
Lakewood, CO 80226
303-232-1700

November 1st & 2nd, 2024

GOD JUL Doors open at **10:00 AM**



Open until **3:00 PM**

Admission: **\$2.00**

Children under 12: **Free**

No food or drinks will be served

Shopping

Please note: Some vendors may only accept checks or cash.

Shop for gifts. Shop for yourself. Shop at over 15 vendors. Shop at our Butikken. We have a wide variety of merchandise so...

SHOP TILL YOU DROP!

Enjoy shopping in our

Wonderland Of Scandinavia

TUSEN TAKK TO—

Perry Monkeliën for cutting down dead branches etc. before 5280 Trees trimmed and shredded the west side trees hanging unto our building from the neighbors! Your leadership in landscape maintenance is appreciated!

Two unidentified lodge neighbors who took it upon themselves to place all of the discarded furniture, clothing, trash, etc. into our dumpster to keep the grounds clean.

Bruce Bailey for untold hours in doing workarounds with the Point of Sale (POS) app, placing orders, receiving and processing merchandise shipments, and leading Syrena, Bev, Mary, Cheryl, and Dani in assisting with pricing labels, displaying, and storing the new merchandise! Thanks to all Butikken volunteers! Please support our lodge by volunteering in the Butikk AND BUYING THE MERCHANDISE! Thank the crew!

Ron Taylor, Dani East, and Michael Homan finalizing the required paperwork for IRS to apply for reinstatement of our tax exemption status.

Connie Bartram for staying on top of lodge and Butikk finances and paying the bills so the lights stay on and for being the liaison with **Dawn** for newsletter articles and photos!

Barb Hessel for merging the Storfjell transfers into your email distribution contact list, emailing them the latest newsletter until it worked, and in helping in several ways for the Walleye Fish Fry!

Kirstin Lewis for continuing to teach rosemal faithfully throughout the summer and fall. Students are thrilled!

Earl and Connie Bartram for doing routine janitorial tasks in the many bathrooms, kitchen, Viking Room, library, and the office. There's always toilet paper, hand towels, clean sinks and empty trash cans.

Karalou Mattern for excellent meeting minutes and being a dependable sunshine coordinator.

Dawn Nelsen for compiling, editing, and publishing timely monthly newsletters. The content is so useful to communicate much about our lodge! (and she loves to read your stories, too!)

Barb Bessesen for faithfully organizing the monthly dameklubb lunches on the 2nd and 4th Wednesdays. Always good eats at restaurants and the lodge and always great social time.

Bev Moe for completing the many tasks for the upcoming 2-day Christmas Fair Event.

Michael Homan, Joan Johnson, the dameklubb, the Mattern's, Hughes', Johnshoy's, Louise Bath, Marilyn Berg, Charlotte Nording, Juliann Jensen + sister, and Perry for setup, food prep, serving, and clean up tasks for the Walleye Fish Fry.

Michael Homan and Joan Johnson for planning the walleye dinner, getting volunteers, grocery shopping, and leading food preparation and clean up!

Esther Mills for leading the genealogy classes once a month. The attendees thoroughly appreciate your efforts to organize and lead the discussions and the potluck treats.

And to all members who participate in one way or another to support our lodge events, missions of heritage, culture, and friendships!

KING SOOPERS REWARDS

Reminding you to enroll with your King Soopers Community Rewards Program and designate Trollheim Lodge as the beneficiary of points and eventually checks. Attached is my KS receipt showing that Earl's and my loyalty cards designate Trollheim Lodge. It's about the middle to lower part of the receipt. If you are not sure about your card, please look at the receipt and you'll know whether you have the lodge designated. Tusen takk for helping the lodge raise money for scholarships.



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EXPIRES ON 11/1/2025
*****
King Soopers Community Rewards
On your behalf, we are contributing to
Trollheim Lodge
EARN 50 FUEL POINTS
BY GIVING US FEEDBACK
Go to kingsoopers.com/feedback
Date: 09/13/24
Time: 01:13PM
Entry ID: 620 103-103-20-504 607
*****
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Walleye Fish Fry Kitchen Crew!

Sons of Norway
Trollheim Lodge 6-110
6610 W 14th Ave
Lakewood, CO 80214