

April 2025  
Volume 52, Issue 4

Freedom  
Fraternity  
Progress

# Trollheim News

Greetings to All Members!

We're finally getting some warmer weather, but don't be surprised if we have another Colorado style snowstorm. We had a very good program by Barb Hessel about the Norwegian Calendar Sticks at our March Meeting. A big thank you to Barb!

The Scandinavian Pancake Academy at the Lodge on March 8 resulted in very delicious pancakes! A very big thank you to Diane Molter and all participants for hosting such a fun event. If you have ideas for fun events, please let us know.

I once again marshalled Denver's annual St Patricks Day parade. The photos shows our lodge banner! Great advertising!

April will be a fun month at the Lodge featuring a program on the Vesterheim Museum at the April 19th General Meeting. Louise Bath is setting it up. We are continuing to develop our "Art Treasures of the Lodge" museum tour on Syttende Mai.

The Annual Dameklubb Tea is on Sat, April 26 at 1pm. Get your reservations in to this *not to miss* event.

The Butikk is open Saturdays 9:30-1:30 with treasures for you to find. Bruce and crew are looking forward to seeing you again. Please let me know if you are inspired to volunteer for the Lodge's Spring Yard Clean up in April. Please call Perry (303) 699-1073 if you're interested. Stay well and hope to see you in April!

Perry



**Trollheim News**  
**April 2025**  
**Volume 52 Issue 4**

Trollheim Lodge 6-110  
Sons of Norway  
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303-232-1700 (messages)

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303-699-1073



# Trollheim Calendar of Events 2025



Lylah Sahlieh	1
Suzanne A Hauger	3
Nora Jacobson	3
Gabriel Ingebrigtsen	4
Mary Kvamme	4
Virginia Kusek	5
Terrance Ohnstad	6
Brent Hauger	11
Todd Thorne	11
Tim Sandsmark	12
Betsy Murray	14
Trygve Berge	19
Kim Spahmer Nerheim	19
Jon Chew	20
Barbara Stover	21
Ron Thorne	21
Janet Cunningham	23
JoAnn Bradley	25
Peter Gunderson	26
George Johansen	26
Sarah Holmgren	29

## April

- 1 Rental High Country Chorus
- 7 Board Meeting at Noon
- 8 Rental High Country Chorus
- 15 Rental High Country Chorus
- 19 General Meeting 2pm Dessert/snacks Potluck & Vesterheim Museum
- 22 Rental High Country Chorus
- 26 Annual Tea presented by Dameklubb 1pm. Reservations required
- 28 Rental High Country Chorus

## May

- 5 Museum planning meeting 10:30 at Trollheim followed by the Board meeting 12 noon
- 10 Genealogy Meeting 10-12noon
- 17 Syttende Mai! **Art at the Lodge:** 1:30-2:30 Open House then at 2:30-3:30 Joan Johnson speaks on the art with dessert/snack

Please join us for an afternoon of art! May 17th, in honor of Norwegian Independence, Trollheim will host an Open House featuring ART. The Open House starts at 1:30– 2:30pm. Curator, Joan Johnson will speak on the art at 2:30, followed by a dessert and snack potluck. Donation is \$3 per person/\$5 per couple for the Open House and associated expenses.

### ***PINS! PINS! PINS! CLAIM YOUR PIN(S)!***

Trollheim Lodge has the long-standing practice of giving membership lapel pins to new members and every 5 years to members. Sadly, over the past years, many of you have missed the late winter/spring anniversary meeting and have not received your respective pin(s). As such, I have an inventory of pins with "your name" on them. Members who joined in 2022, 2023, and 2024 and those members who I invited to the last general meeting, please contact me by May 1, 2025 at 303-668-8112 or Taryne1@[msn.com](mailto:msn.com) to arrange how to get your pin(s). Thank you, Taryne Jensen, Membership Secretary



### ***Attention Current and Past Board Members***

If you are interested in having a board member pin, SON has both current and past officer pins. These lapel pins measure 0.50 x 0.625" and resemble 5-year pins. The cost of each pin is between \$3 and \$5. If you would like to purchase a pin, please contact me by May 1, 2025, to be included in a bulk order. Taryne Jensen, Membership Secretary



# Sunshine

**Siri Martin**, lodge member and junior at St. Olaf College in Northfield, MN is studying abroad in Copenhagen this spring semester. She is studying environmental and sustainability issues through a Scandinavian lens, including field trips to rural and coastal Denmark and Spain. Siri really likes Copenhagen and wouldn't mind spending summer there if the right opportunity came along. Her parents, Juliann Jenson and John Martin, plan to visit her in May and make their way up to Norway too!

We are sorry to share that **Gail Greene's** father passed away recently. Please send good thoughts and support to Gail during this difficult time. The Trollheim Lodge sends their heartfelt condolences.

We are very sad to learn that **Faith Anderson's** daughter passed away. We cannot imagine the depth of loss to lose a child. Our deepest condolences to Faith and her family.

## ***SHELF DECORATION, CENTERPIECE, YOU DECIDE!***

**Chris Jones**, widower of Inge-Fox Jones, donated memorable assembled decorations (suitable as a table centerpiece or a shelf decoration in your home or office), and plentiful materials that you can create custom decorations for home or office. When Chris created the centerpieces for Inge's celebration of life in, he paid homage to her Norwegian/Scandinavian heritage, one of Inge's passion. Now he wishes that her fraternal Trollheim friends will enjoy these red and blue stone creations, enhanced with Norway flags, trolls, or other finials. His only request is that a donation (no min or max) be given to the scholarship fund.

Curt and Donna Barner were the first to donate to scholarships when they assembled and took home two pieces; and they left the lodge with smiles. When you are at the lodge, whether shopping in the store, attending rosemal or genealogy classes, board, and general meetings, please look at these pieces and unassembled materials.

Please help Chris distribute his donations and take some home. Check or cash donations may be left with Bruce and helpers in the Butikk. TROLLS honor our lodge's name!



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**Sunshine:** Juliann Jenson  
202-494-3181

Trollheim Lodge donates \$50 to the Scholarship fund in remembrance of each departed member.

## Spring Rosemaling Retreat Camp Norge in Alta, CA April 26 & 27

**Foundation and Scholarship Director:** Joan Johnson  
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Secretary: Connie Bartram  
Summer Cleanup: Charlie Martin

**Joan's Norske Butikk**  
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**Crew:**  
Syrena Plakke  
Dani East  
Cheryl Amdahl  
Mary Kilgannon  
Penny Sargent

Shop Joan's Norsk Butikk  
Saturdays 9:30-1:30 for  
all your Norwegian  
goodies!



Onya will be offering a Friday night stroke class. Great for all experience levels and highly recommended for beginners. This is an all levels class - no prior rosemaling or painting experience is needed. For this session we will be painting a beautiful jewelry box, with 1 drawer and a flip-up lid.  
[PennysRosemalingSeminar@gmail.com](mailto:PennysRosemalingSeminar@gmail.com)

## Grandpa Bredo

**Gail Greene** attended the Frozen Dead Guy festival held in Estes Park, CO.

Bredo Morstoel died on November 6, 1989, while at the family's mountain retreat in Norway, and was immediately packed in ice before making the long trip to Los Angeles, CA, where he was cryogenically prepped and frozen. Morstoel's grandson, Trygve Bauge decided that his grandfather should have the opportunity of potential immortality and made the arrangements for his grandfather. Grandpa Morstoel remained at the California institute until 1993 when his body was packed in dry ice, shipped to Nederland, Colorado, and stored in a garden shed.

For years the town of Nederland celebrated the [Frozen Dead Guy Days](#) Festival in the late winter, coming a long way from passing a special ordinance in an attempt to remove the body. The Festival includes a Grandpa Look-Alike contest, the Polar Plunge, Coffin Races, and dozens of bands performing in various tents at the festival and throughout town. A portion of the proceeds being directed towards Morstoel's maintenance. However, Festival organizers announced in November of 2022 that it would be moved to Estes Park, still held in March.

Thanks Gail for joining the festivities and sharing your day!



*Trollheim's Annual Tea*

featuring

**Norwegian Textiles**

Sons of Norway,  
Trollheim Lodge  
6610 W. 14th Ave.  
Lakewood, CO 80214

Saturday, April 26, 2025  
1:00 - 3:00  
\$30 per person

Please join us for tea, tasty  
treats and gentle conversation



RSVP by: **April 16, 2025** Make checks payable to: Sons Of Norway

**Trollheim Annual Tea**

Fill out this form and mail it, with your check, to Barb Hessel,  
953 S. Holland St. Lakewood, CO 80226. Phone: 303-522-0800  
**Make checks payable to Sons of Norway.**

**Please include a self addressed, stamped envelope**

Name \_\_\_\_\_

Email Address \_\_\_\_\_

# Of Guests \_\_\_\_\_

Phone Number \_\_\_\_\_

Total Amount: \$ \_\_\_\_\_

Seating Request \_\_\_\_\_

**SEEKING VOLUNTEERS**



**Be a butikk gnome!**

Work in the butikk.

Learn to use the cash register.

Contact Bruce Bailey

(303) 232-1700 or (720) 732-7791. Leave a message.

GENERAL MEETING May 17, 2025  
Open House for Trollheim Members Introduction

**Art Treasures of the Lodge  
Munch and More**



1:30-2:30: open house to view our art!

2:30-3:00: Joan Johnson, Speaker/Curator

Bring a dessert or savory snack to share



Scenes from the March meeting with Barb Hessel presenting Primsav to an intrigued audience



The Cleaning Trolls!