

May 2025  
Volume 52, Issue 5

Freedom  
Fraternity  
Progress



# Trollheim News

Greetings to All Members!

I hope you all are well and enjoying the warmer weather. We had a very busy April, especially with the very successful Dameklubb Tea. Our Culture Director, **Louise Bath**, presented a very interesting program at our April General Meeting on Norwegian Sacred Symbols from a video by the Vesterheim Museum.

One of our furnaces got fixed and we also completed some spring time building and yard work at the lodge. We plan to do more work in May, so please call me to schedule your volunteer time.

Our General Meeting date of May 17th is our first presentation of our "Art Treasures of the Lodge" museum tour. We have perhaps the most extensive collections of Norwegian and Scandinavian art of any Sons of Norway Lodge and we want to show it off! There is no better time than on Norway's Constitution Day. This is a Scholarship fundraiser and so please see the newsletter flyer for more information. On Sat May 10, from 9-11am, we'll have the Cultural Skills Academy Norwegian Rommegrot and Swedish Pancake making event in the Trollheim kitchen. It will be wonderfully tasty. Have a warm and healthy May and see you at our Lodge soon!

Fraternally,

Perry

**Trollheim News**  
**May 2025**  
**Volume 52 Issue 5**

Trollheim Lodge 6-110  
Sons of Norway  
6610 W 14<sup>th</sup> Ave.  
Lakewood, CO 80214  
303-232-1700 (messages)

**President:** Perry Monkelien  
[pdmonkelien@gmail.com](mailto:pdmonkelien@gmail.com)  
303-699-1073



## Trollheim Calendar of Events 2025



Donald Peterson	2
Barbara Hooker	7
Dale Edwards	9
Patricia Geary	16
Diane Edwards	17
Garth Berkeland	18
Wade Walton	22
Warren Moreau	28
Kristin Steele	31

### May

- 3 Genealogy Class 9:30am – 12noon (early only this month)
- 3 Swedish Pancake and Rommegrout– Academy 10am – noon
- 5 Board Meeting – Noon; Yard clean-up 10am-noon
- 6 Rental - High Country Chorus
- 13 Rental - High Country Chorus
- 17 General Meeting--Art Treasures of the Lodge and Syttende mai Celebration: 1:30pm Art Treasures of the Lodge open house. 2:30pm General meeting. Snack/dessert potluck and **Syttende mai parade**
- 19 Rental - High Country Chorus
- 26 Rental - High Country Chorus

### June

- 2 Board Meeting - 12 noon
- 3 Rental – High Country Chorus
- 10 Rental – High Country Chorus
- 17 Rental – High Country Chorus
- 21 General Meeting – 2pm Snack/Dessert potluck
- 24 Rental – High Country Chorus

## Trollheim Open House

Please join us for an afternoon of art! May 17th, in honor of Norway's Independence, Trollheim will host an Open House featuring ART. The Open House is between 1:30– 2:30pm. Snack and dessert potluck begins at 2:30 and curator Joan Johnson will speak on the art at 3pm. Donation is \$3 per person/\$5 per couple and goes directly into our scholarship fund. Please join us and support members of all ages.

## Special Thanks!

**We Caught Some Members Being Awesome!** Extra tusen takk to **Earl and Connie Bartram** for continuing lodge maintenance inside and outside, readying for the tea event and for Syttende mai/art show. Others who were great help include **Gail Greene, Michael Homan, and Perry Monkeliën!** Please thank them in person next time you're at the lodge!





# Sunshine

**Charlie Martin** is finishing up his freshman year at Tulane University in New Orleans, Louisiana. He's majoring in business and finance and has enjoyed living in such a vibrant city. He is grateful for the scholarships he's received through the Trollheim Lodge and the Sons of Norway. He returns to Denver for the summer and plans to work at a rec center and the Denver Country Club. He also looks forward to helping out at the lodge and attending a few events. Be sure to contact him about any projects!

**Juliann Jenson** is celebrating Syttende Mai in Oslo this year. The bunad takes up too much valuable luggage space - but, there will be plenty of other festivities and Norwegian flag flying! On a different note, Juliann is also interested in organizing a tour of the Colorado State Capitol for Lodge members this summer or fall. More details to follow but feel free to send an email ([jkjenson@comcast.net](mailto:jkjenson@comcast.net)) or let her know in-person if interested.

Gail Greene spent some time in Fargo and writes:

Fargo ND/Moorhead MN is my home town. I wanted to revisit the Fargo Sons of Norway because I heard a lot of wonderful things about it. They have a huge Library and Genealogy room to do ancestry research. They make homemade bread daily and serve lunch. Beautiful Scandinavian artwork and Rosemaling displayed in their showcases.

Thanks Gail! In the words of Rick Steves... Keep on Traveling!



## DID YOU KNOW?

Founders Day - January 16 marked the day that Sons of Norway was founded in 1895. On that day 130 years ago, 18 individuals signed the charter that made this organization official. Sons of Norway has come to consider those initial signers as its "founders."

What they had in common were the Norwegian immigrants who had settled in Minneapolis and who experienced the negative outcomes of an economic depression in 1893. With each having a love of their Norway homeland, loyalty to their new country and desire for financial security, they came together to create a fraternal organization that could address the financial and the economic needs of Norwegian Americans.

The charter reflected what Norwegian immigrants desired while settling into their new country:

- 1) to preserve their Norwegian culture and language
- 2) to being hard working, honest, and respected American citizens
- 3) to provide financial assistance and help to members—and by extension their families— from ruin in the face of illness, death and hardship.

Thus, SON started with its insurance programs, then expanded into the fraternal side. We SON members are grateful for these forward-thinking men and continue celebrating what they envisioned – 130 years later.

**President:** Perry Monkelien  
303-699-1073  
[pdmonkelien@gmail.com](mailto:pdmonkelien@gmail.com)

**Vice-President:** Bruce Baila  
720-732-7791  
[bruce.baila@comcast.net](mailto:bruce.baila@comcast.net)

**Treasurer and Office Manager:**  
Connie Bartram  
303-467-3299  
[ceec4@msn.com](mailto:ceec4@msn.com)

**Secretary:** Karalou Mattern  
303-918-9673  
[karaloumattern@msn.com](mailto:karaloumattern@msn.com)

**Financial Secretary:** Barb Hessel  
303-989-4496  
[hesselbh@comcast.net](mailto:hesselbh@comcast.net)

**Membership:** Taryne Jensen  
(303) 668-8112  
[Taryne1@msn.com](mailto:Taryne1@msn.com)

**Cultural Director:** Louise Bath  
(303) 819-8194  
[lbath25@comcast.net](mailto:lbath25@comcast.net)

**Sports/Rec Director:** Diane Molter  
970-364-8013  
[grnbviking09@live.com](mailto:grnbviking09@live.com)

**Greeters:**  
Curt Barner [curtdonna@comcast.net](mailto:curtdonna@comcast.net)  
Suzanne Eugster  
[suzanneeugster@gmail.com](mailto:suzanneeugster@gmail.com)

**Marshall**  
Pat LaMoe [patlamoe@msn.com](mailto:patlamoe@msn.com)

**Website:** Elisha McDowell  
(719) 671-3551  
[elishamcdowell.work@gmail.com](mailto:elishamcdowell.work@gmail.com)

**Sunshine:** Juliann Jenson  
202-494-3181

Trollheim Lodge donates \$50 to the Scholarship fund in remembrance of each departed member.

# Genealogy

**Foundation and Scholarship Director:** Joan Johnson  
720-326-6015  
[iej.jay48@gmail.com](mailto:iej.jay48@gmail.com)

**Auditor:** Dani East  
303-981-5835  
[danieast57@gmail.com](mailto:danieast57@gmail.com)

**Newsletter Editor:**  
Dawn Nelsen  
303-898-6853  
[dawnnelsen@gmail.com](mailto:dawnnelsen@gmail.com)

## Trollheim Building Corporation (TBC)

President: Ron Taylor  
Vice-President: Arne Jorgensen  
Treasurer/Rentals: Michael Homan 303-888-2934  
Secretary: Connie Bartram  
Summer Cleanup: Charlie Martin

**Joan's Norske Butikk**  
Manager: Bruce Bailey  
[managernorskebutikk@gmail.com](mailto:managernorskebutikk@gmail.com)

**Crew:**  
Syrena Plakke  
Dani East  
Cheryl Amdahl  
Mary Kilgannon  
Penny Sargent

Shop Joan's Norsk Butikk  
Saturdays 9:30-1:30 for  
all your Norwegian  
goodies!



On April 17, we had a delightful meeting (we missed Esther) as we munched on goodies while listening to our 3 speakers.

**Louise Bath** regaled us with the rosemaling objects she brought in to show and tell us about. They were beautiful and to know she painted most of these objects blew us away. Louise is incredibly talented, and she knows her stuff. We learned much from her such as rosemaling designs are regional. We were lucky to get her to speak to us for in a very short while, she'll be off to Norway to study rosemaling and other Norwegian art.

**Gail Greene**, new to our group, sounded like she had been at this genealogy thing for a while. She told us about her family and provided a wealth of pictures to illustrate their daily lives. It turns out there was a close relative who was a photographer, and Gail seems to have inherited that love of photography. The pictures she shared are a historian's dream: photos of daily activities like washing clothes outside from a hundred years ago are hard to find but Gail showed us a photograph of this very scene.



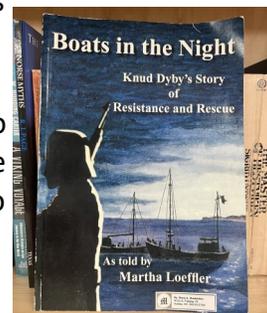
**Perry Monkeliën** gave our long-awaited presentation on WWII in Norway. He detailed Norway's role in WWII, the resistance and the many battles that took place in Norway. He also talked about what it was like to have the country occupied for many years by the Nazis. He concluded with the joyous return of the King and his cabinet once the Nazis

finally left.

Tusen takk to all of our monthly speakers and those who provide our snacks! Reminder for May, we meet on the **FIRST SATURDAY**, May 3rd, 9:30 am. Esther will be back to lead us!



Louise Bath visited our Genealogy class April 12, 2025 with her collection of Rosemaling pieces and she explained the art of Rosemaling.



**Trollheim Celebrates Both  
Syttende Mai (wear red)  
*and*  
Art Treasures of the Lodge  
— Munch and More —**



**Saturday, May 17, 2025**

**1:30-2:30: Open house to view our art!**

**2:30-3:00: Potluck dessert and snacks**

**3:00: Joan Johnson, Speaker/Curator**

**Scholarship Donation: \$3/person or \$5/couple**

## The DAMEKLUBB'S ANNUAL TEA EVENT WAS A SUCCESS!

Many of Trollheim's lodge ladies and men had a busy and exhausting week April 22-26th. Trollheim Lodge 6-110 served 108 high tea guests on Saturday April 26th! Twelve hostesses brought in their personal textiles, tea dishes etc. for display and set 14 tables to serve hungry, delightful and fun ladies and men. Some guests wore hats--so sweet!

Food, tea, friendship, social time and entertainment made for a happy, good time over the 2+ hours. One guest named Peach brought 15 girlfriends to the tea, and also brought each of them and two table hostesses a large rose nested in a new colorful cloth napkin.

Despite a few hiccups (a tea bag plugged the drain--uff dah) that were solved, we conclude that the guests and tired hostesses and our helpers delivered a successful event!

The Annual Tea raised close to \$3000 for the Trollheim Lodge operations fund. This is our major fund raiser for each year. The food costs are covered by the Dameklubb therefore all income from the event is donated to the lodge.

Tusen takk (a thousand thanks) to everyone who helped in any way!

### Ladies, would you like to participate with the lodge's dameklubb?

The "klubb" is a wonderful and relaxed way to get to know each other, common interests, travels, families, whatever! There are no fees or dues and your lodge membership gets you in! We meet twice per month on the 2nd and 4th Wednesdays at 11:30 – 1:30pm. Our gatherings are either potluck lunch at the lodge or eating at a restaurant, typically alternating between the two activities each month for 10 months. Other than our annual April tea event, we don't list our specific activities in the newsletter because our planning is often last minute and fluid! We are always excited for more women and more ideas to join us.

Contact Barb Bessesen at [besseb@comcast.net](mailto:besseb@comcast.net) or Connie Bartram at [ceec4@msn.com](mailto:ceec4@msn.com)



**A SCANDINAVIAN STORE**  
**In your backyard at**  
**6610 W 14th Ave, Lakewood CO 80214**  
**(1 block south of Casa Bonita)**

**Food \* Gifts \* Books**  
**Open Saturdays 9:30-1:30**



# The Dameklubb Tea April 26





Suzanne Eugster hosted the Tea Party planning committee to a nice lunch at Mt. Vernon Canyon Country Club.

(left to right) Barb, Barb, Suzanne, Ruth, Gail, Janet, Louise, Jackie, Faith, Penny, Connie

Sons of Norway  
Trollheim Lodge 6-110  
6610 W 14th Ave  
Lakewood, CO 80214