

August 2025
Volume 52, Issue 7

Freedom
Fraternity
Progress



Trollheim News

Greetings to All Members!

Keep enjoying a warm summer. I had a couple of weeks of fun vacation time this summer. I'll tell you more about it at the August general meeting.

We had a successful presence at the Scandinavian Midsummer Festival, where dedicated members of Trollheim promoted our Lodge. Thank you **Elisha McDowell, Donna and Curt Barner, Michael Homan, Taryne Jensen, Juliann Jensen, Bruce Bailey**. I was there as well. We gave out excellent Lodge information that was designed by Barb Hessel to an enthusiastic crowd of Scandinavians.

We are coming into our busy Fall season of activities. Our August general meeting is August 16th at 2pm and includes a program on the 200th anniversary of the first group of Norwegian emigrants to the US as well as Trollheim members' summer travel to Norway and beyond. Our annual Walleye Fish Fry is set for Sept 13th (see the flyer for more information). It will be delicious as always! Remember Joan's Norsk Butikk will be open at 4:15 for you to shop before the Walleye Dinner, so come in early! Lastly, if any of you have an interest in helping the lodge in any capacity, please call Perry at 303-699-1073. I hope to see you at the August general meeting.

Fraternally, Perry Monkelien

Trollheim News
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Trollheim Lodge 6-110
Sons of Norway
6610 W 14th Ave.
Lakewood, CO 80214
303-232-1700 (messages)

President: Perry Monkelien
pdmonkelien@gmail.com
303-699-1073



Trollheim Calendar of Events 2025



Elizabeth Lyda	1
Loren Mattern	1
Jeremy Amdahl	2
Sarah Hughes	6
Christine Brown Schaefer	7
Randy Degerness DDS	7
Dennis Kristensen	8
Gail Dow	9
Alicia Kinnamon	11
Louise Bath	13
Brady Nason	15
Christopher Bergquist	16
Carol Bjornestad	20
Karen Arensen	23
Toshiko Ogishi	23
Avery Kvamme	24
Bruce Bailey	26
Søren Robert Hansen	27
Taryne Jensen	27
Joyce Leigh	30

August

4- Board meeting - 12 noon

5- Lodge rental - evening

12- Lodge rental - evening

16- General meeting - 2pm **Recent Travels- Faith Anderson**

reports on her trip to Norway for the **Restoration Celebration**. Norway will be celebrating the 200th emigration of the first group of emigrants to America. Those with summer travels are also welcome to report.

Dessert/snack potluck.

19- Lodge rental - evening

26- Lodge rental - evening

29 & 30- Lodge rental for High Country Chorus retreat

September

1- Lodge rental - evening

8- Board meeting - 12 noon

9- Lodge rental - evening

13- Walleye Dinner- 5pm

16- Lodge rental - evening

20- General meeting - 2pm. Program to be Announced

23- Lodge rental – evening

27- Weekend Pie Bake

30- Lodge rental - evening

For the general meeting on August 16, members are invited to share their summer vacation adventures. Louise Bath will talk on her two-week Vesterheim Folk Art Tour in June, which starts in Kristians and, then to Kongsberg, Rauland, Geilo, Lillehammer and Oslo with many stops along the way. We would love to hear of ALL of your travels near and far!

The mission of Sons of Norway is to provide quality insurance and financial products to our members, promote and preserve the heritage and culture of Norway and celebrate our relationship with other Nordic countries.

Sons of Norway was organized as a fraternal benefit society by 18 Norwegian immigrants in Minneapolis, Minnesota, on January 16, 1895.

The purposes and goals of the Founders were to protect members of Sons of Norway and their families from the financial hardships experienced during times of sickness or death in the family. Over time, the mission of Sons of Norway has expanded to include the preservation of Norwegian heritage and culture in our Society. We have grown since our beginning and are now the largest Norwegian organization outside Norway.





Sunshine

Barb Bessesen is healing from her fall in April. Keep up the great physical therapy you independent, strong woman! We miss you!

Jacque Bland is recovering from a fall and trying out hearing aids! Now she'll either enjoy the Dameklubb conversations or not! Ha!

Sending healing thoughts to **Kari Jorgensen** who's been under the weather.

Jackie Groe is celebrating her mother's 102 birthday in Minnesota! *Gratulerer med dagen!*

Ruth Peterson took a trip with her kids, visiting all the places from her past and meeting with family and friends along the journey. Ruth was thrilled with the adventure reliving her past!

Please contact **Juliann Jensen to share what is happening with you or a family member.



Joan's Norske Butikk

A Scandinavian Gift Shop

located in

Trollheim Lodge

6610 W. 14th Ave

Lakewood, CO 80214

(303) 232-1700

Open Saturdays 9:30am - 1:30pm



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Trollheim Lodge donates \$50 to the Scholarship fund in remembrance of each departed member.

It was a beautiful Day for lunch at The Homestead Grill.
Left to right: Cyndy, Taryne, Faith, Barb H., Gail, Penny, and Ruth.



Dameklubb Summer Luncheon at Angelo's Littleton July 9th Left to Right:
Diane M, Syrena, Louise, Cynthia T, Karalou, Kristen, Cyndy S, Connie, Gail,
Ruth, and Penny.



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Summer Cleanup: Charlie Martin

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Manager: Bruce Bailey
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Crew:
Syrena Plakke
Dani East
Cheryl Amdahl
Mary Kilgannon
Penny Sargent

Shop Joan's Norsk Butikk
Saturdays 9:30-1:30 for
all your Norwegian
goodies!





Trollheim's Annual Walleye Fish Fry



*Saturday, September 13, 2025
1700 hours (5:00 PM)*

*Trollheim Lodge 6-110
6610 West 14th Avenue, Lakewood, CO*

We will take the first 120 paid reservations.

Contributions

Adults\$30.00

Under 12....\$10.00

Menu

*Walleye fillet
baked potato, coleslaw
pickled beets, roll, dessert*

Come early and shop at Joan's Norsk Butikk

Please RSVP before September 3, 2025

Make checks payable to: Sons Of Norway

You may call Barb (303.522.0800) to check on availability. Fill out the form below and mail it with the payment and a **stamped, self addressed envelope** to:

Barb Hessel, 953 S. Holland St., Lakewood, CO 80226



Walleye Fish Fry

Name _____ # Adults(@ \$30) _____

Email _____ # 3 to 12 (@\$10.00) _____

Phone _____ Total Amount \$ _____

Seating Request? _____
(Optional)



June 18th, Dameklubb ladies summer luncheon at Ship Rock Grill, Morrison

Left to Right: Karalou, Penny's daughter Lindsey, Penny, Cyndy S, Diane, Gail, Diane M, Barb H, Ruth, Syrena

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