

October 2025
Volume 52, Issue 9

Freedom
Fraternity
Progress



Trollheim News

Greetings to all members!

I hope all of you are well and enjoying the nice fall weather. We have been busy at Trollheim with a very successful Walleye Fish Fry. It was called the best and tastiest Fish Fry in recent memory. A huge **thank you** to the lodge volunteers who made it a success. You'll find their names in a special paragraph on page 5 in this newsletter.

At our September General Meeting, we had a most informative and entertaining presentation by Lt Col (Retired) U S Army Special Forces **Mitch Utterback** on the heavy water sabotage operation, *The Heroes of Telemark* story. He explained the operation in fascinating detail, how the saboteurs, who were all Norwegian, escaped to Sweden. He also showed us an exciting video of their escape. Mitch was part of a group who reenacted the saboteurs 1943 escape route.

For the October General Meeting, we'll enjoy a presentation by **Gail Greene** on construction of the Hjemkomst Viking ship and its journey to Oslo. She knows Robert Asp who constructed the ship in Moorhead, MN. If time permits, we may include a talk by a member on their travels to Norway this past summer.

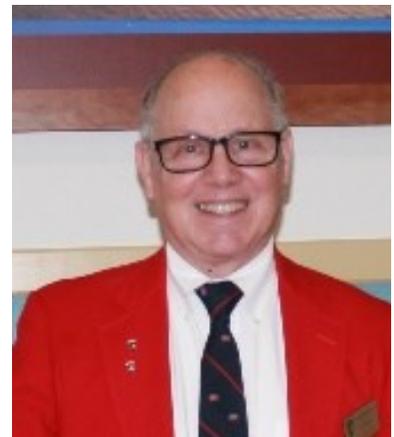
A big thank you to the rosemal artists who attended the Saturday class with **Laria Lovec**. They had lots of fun! Attend a **lefse rolling/grilling** Cultural Skills Academy on Saturday October 25 from 10-noon, **Gail Greene** instructor. Our annual Christmas Fair is fast approaching, Nov 7 & 8. We need volunteers so please call Perry to help. Our Joan's Butikk is open each Sat 9:30-1:30 and ready to find that special holiday gift you need. All the best and stay well.

Fraternally, Perry

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Trollheim Lodge 6-110
Sons of Norway
6610 W 14th Ave.
Lakewood, CO 80214
303-232-1700 (messages)

President: Perry Monkelien
pdmonkelien@gmail.com
303-699-1073



Trollheim Calendar of Events 2025



Kathryn Johnson	01
Penny Sargent	04
Macie Christianson	06
Donna Enger	06
Craig Dahl	09
Kristen Saathoff	09
Marilyn Berg	10
Clark Lyda	10
Christopher Jones	17
Dennis Reynolds	17
Gloria Torrison	18
Monta Lee Dakin	20
Joshua Cummings-Burgin	25
Sandra Hagevik	30



October

- 3-4 St John's Church rental—pie bake
- 6 Board Meeting – 12noon
- 11 Genealogy – 9:30am – Noon, Library, Lefse Academy rescheduled to Oct 25
- 18 General Meeting 2pm dessert & snack potluck. **Gail Greene** presents about the journey of the Hjemkomst Ship
- 18 RSVP for Lefse Academy!
- 25 Lefse rolling/grilling class by **Gail Greene**; to participate/learn, RSVP by Oct 18th to Gail at msuredragon@aol.com



November

- 3 Board Meeting – noon
- 6 Vendor tables arranged at noon; vendors set up booths 1-4pm
- 7-8 Christmas Craft Fair 10am-3pm both days
- 8 Genealogy – 9:30am – Noon, Library
- 15 General Meeting - 2pm dessert & snack potluck . Vesterheim Movie about Norway



A SCANDINAVIAN STORE
In your backyard at
6610 W 14th Ave, Lakewood CO
80214
(1 block south of Casa Bonita)



Joan's Norske Butikk

A Scandinavian Gift Shop

located in

Trollheim Lodge

6610 W. 14th Ave

Lakewood, CO 80214

(303) 232-1700

Open Saturdays 9:30am - 1:30pm





Sunshine

Louise Bath taught a 3-day class for the Terrace Mills Rosemalers in MN. Students painted on a Hallingdal style box with a unicorn and lady rider with birds on the front. Louise's research materials included examples of the variety of animals painted by early Norwegian painters. Louise stayed at a potato farm. They included a fascinating tour of the processing plant. She had a wonderful time, and everyone was very pleased!

Barb Stover's husband **Dave**, passed away unexpectedly from a heart attack in late August. He had been in nursing care since he suffered a stroke four years ago. Barb and daughter Tracy were fortunately able to be with him shortly before his passing. Dave was an active member of the Trollheim Lodge until his stroke. Please send good wishes and prayers to Barb and family during this difficult time. A memorial service took place on September 27 at the Holy Trinity Lutheran Church in Littleton .

Earl Makes Bev King Happy in Heaven!

Last year, **Barb Bessesen** noticed the condition of the gas stove, gasped, and commented that Bev King would not be happy... So, I asked hubby Earl to attempt a cleaning, and he did! Also on September 17, **Bev M, Penny, Taryne, Perry, Connie,** and **Earl** tackled deep cleaning in the dining hall, vacuuming the foyer, hallways and library. No one took pictures but the cleanliness would not have been as dramatic Earl's cleaning of the stove. *TUSEN TAKK EARL! Teamwork is wonderful!*

Connie Bartram



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Trollheim Lodge donates \$50 to the Scholarship fund in remembrance of each departed member.

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Vice-President: Arne Jorgensen
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Summer Cleanup: Charlie Martin

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Dani East
Cheryl Amdahl
Mary Kilgannon
Penny Sargent

Photographer/Historian:
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msureddragon@aol.com

Publicity:
Penny Sargent
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The Walleye Dinner is a success because of wonderful people like you!

Thank you to all the guests who attended the Walleye Dinner! We thank you for joining our fundraising event with delicious meals and shopping at the Butikk. Special thanks goes to our team of volunteers: *Bruce Bailey* and his crew in the Butikk, *Michael Homan, Joan Johnson, Barb Hessel, Earl & Connie Bartram, Gail Greene, Penny Sargent, Cyndy Sample, Betsy Murray, Cynthia Thorstad, Louise Bath, Karalou Mattern, Marcus Johnshoy, Juliann Jenson, James Mulvey, Elizabeth Riley, Diane Molter, Justin Vautier, Julie C; Karen Riley*, and everyone else who didn't sign in and we missed acknowledging.

As with all of our fundraising meals, volunteers manage everything from menu planning, advertising, taking reservations & payment, buying groceries/supplies, recruiting more volunteers, cleaning and setting up the dining hall, reception desk, guest tables/seating, and serving tables; then preparing and serving the meal and beverages... Not to miss cleaning up! All of this is a gigantic endeavor. **TUSEN TAKK Perry Monkeliën**



Above: The Sept 17th Cleaning Crew

Barb H, Connie, Penny, Earl, Michael, Gail, Cyndy, Cynthia



Juilann Jensen, Joan Johnson, Karalou, Gail Greene, Karalou Mattern



Justin Vautier



Barb Hessel



Above: Betsy Murray
Below, Joan Johnson



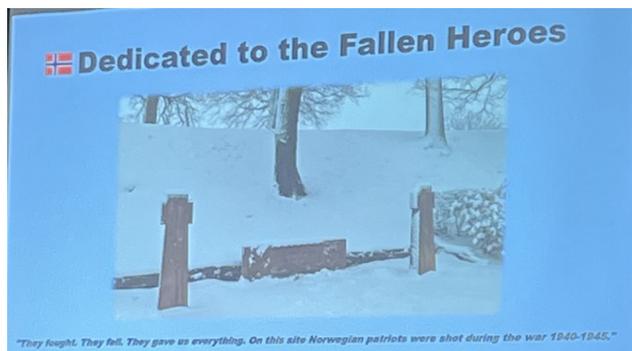
Michael Homan



Elizabeth Riley & James Mulvey



Lt Col (Retired) US Army Special Forces
Mitch Utterback on the heavy water
sabotage operation,
The Heroes of Telemark





ROSEMÄLING CLASSES

Louise Bath

Scandinavian horses

Oct 4th & 11th from 9:30-4pm.

Fee: \$48 for the class plus materials fee.

We will paint 3 dimensional horses

Kirstin Lewis

Gnome candles

Nov 15th, 22nd, Dec 6th & 12th

Join sticks in acrylics from 9:30-1:00.

Fee: \$48 plus a materials fee.

Drop in OPEN Studio dates

Oct 18th & 25th,

Nov 1st & 29th, Dec 20th

from 9:30-1:30.

The studio fee is \$5.00 a day.

Watch live rosemaling demonstrations

by Kirstin and get your holiday

shopping done at the Trollheim Craft Fair

on November 7th and 8th from

10-3pm. Entry fee is \$2.00 per person.

Kids under 12 free.

Kristen Lewis (850)896-0769,

Laria Lovec lariasart@gmail.com

Louise Bath lbath25@comcast.net





Trollheim Christmas Fair

SONS OF NORWAY, TROLLHEIM LODGE

6610 West 14th Ave.
303-232-1700

GOD JUL



November 7th & 8th, 2025

Doors open at 10:00 AM

Open until 3:00 PM

Admission: \$2.00

Children under 12: Free

Shopping

Please note: Some vendors may only accept checks or cash

Shop for gifts. Shop for yourself. Shop at over 15 vendors. Shop at our Butikken. We have a wide variety of merchandise so...
SHOP TILL YOU DROP!

Enjoy shopping in our

Wonderland Of Scandinavia



August dameklubb lunch: Ruth, Barb S, Penny, Gail, Cyndy, Barb H, Karalou

Sons of Norway
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