

April 2026
Volume 53, Issue 4



Trollheim News

Greetings Members,

It looks like March came in like a lion with snow and is going out like a lamb with warm weather. We'll see what April brings... hopefully some nice rain!

The March Cultural Program hosted a great presentation by **Louise Bath** and **Kristin Lewis** on the Norwegian folk art they viewed and studied while on tour. Norwegians create the most beautiful artwork! Trollheim donated \$100 to Vesterheim Norwegian American Museum and Folk Art School. Membership voted to change the name of the General Business Meeting to our **Cultural Program**, to better explain what we do. We also voted on the Trollheim delegates to the 2026 District 6 Sons of Norway Convention in Sacramento CA, June 11-14. **Bruce Bailey, Louise Bath** and **Elisha McDowell** will proudly represent Trollheim. The Lodge will pay their convention registration fees, as is our practice.

April is a busy month with the annual Dameklubb Tea set for April 11th at 1:00pm. This year's theme Bunades i Vair (Bunads in Spring) will be a very joyful event. If you haven't registered yet, sorry the event is sold out.

Our Cultural Program for April 18th at 2:00pm is our annual Memorial where we honor recently deceased members, and present membership longevity and cultural skills pins and certificates of appreciation to our Lutefisk Dinner volunteers. If you have received an invitation to this event, please come to this April program so we may recognize and honor you.

In May, of course, we are looking forward to celebrating **Syttende Mai**. Our wonderful Joan's Norske Butikk is open Saturdays 9:30-1:30 with many items on sale for your shopping pleasure. I hope you all are well and haven't gotten sunburned in the warm weather. See you in April!

Fraternally, Perry Monkelien, President

Freedom Fraternity Progress

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Trollheim Lodge 6-110
Sons of Norway
6610 W 14th Ave.
Lakewood, CO 80214
303-232-1700 (messages)

President: Perry Monkelien
pdmonkelien@gmail.com
303-699-1073



Trollheim Calendar of Events 2026

April



Trygve Berge
JoAnn Bradley
Jon Chew
Janet Cunningham
Peter Gunderson
Sarah Holmgren
George Johansen
Whitney Jones
Virginia Kusek
Mary Kvamme
Betsy Murray
Kimberly Spahmer Nerheim
Terrance Michael Ohnstad
Sara Rosene
Lylah Sahlieh
Robert St Marie
Barbara Stover
Kimberly Thompson Papka
Todd Thorne
Ron Thorne

- 4– Rosemaling Open Studio
- 6 - Board Meeting 12noon
- 7 - Rental, evening
- 11- Genealogy 9:30 – 12noon, Library
- 11- Dameklubd Tea
- 14 - Rental, evening
- 18- Cultural Program 2pm. Memorial service & pin presentation. Celebration cake and snack potluck. See insert below
- 18- Rosemal Open Studio 9:30-1pm
- 21- Rental, evening
- 25- Os Style Rosemal Class 9:30-3:30 Kirstin
- 28- Rental, evening

May

- 4 - Board Meeting 12noon
- 5- Rental, evening
- 12- Rental, evening
- 16 - Cultural Program 2pm Snack and dessert potluck and celebrate Syttende Mai with a parade and costumes
- 19- Rental, evening
- 26- Rental, evening

June

- 1- Board Meeting 12noon
- 2- Rental, evening
- 6- Cooking Academy, Lefse
- 9- Rental, evening
- 11-14 District 6 Convention, Sacramento, CA
- 16- Rental, evening
- 20- Cultural Program 2pm. Snack and dessert potluck
- 23- Rental, evening
- 30- Rental, evening

July

No Meetings



TROLLHEIM
KAMPARTEI TRAKT
Monthly Cultural Event

COME ONE , COME ALL

Celebrate and welcome our new members,
honor and remember members who have passed
and congratulate members receiving pins and badges

Saturday, April 18, 2026 2:00 PM

Bring a sweet or savory dish for sharing.

Indulge in our hand - crafted
decorated Norwegian Flag cake!

Enjoy the camaraderie

Bunad attire is encouraged

See you there!

TROLLHEIM TRAKT



Sunshine News



Jacquie Bland was very active with the SON lodge's annual tea held every April. Before that, she and husband Jim were known as beverage makers and servers for many years at Trollheim Lodge's dinner events. They did it with smiles and a warm greetings. We miss you, Jacquie! RIP sister. Jacquie's obituary is at <https://www.dignitymemorial.com/obituaries/lakewood-co/jacqueline-bland-12769326>

Nina Ehlers Turned 96!

Just a quick note to thank you friends (Connie, Barb H, Barb B Diane and Jackie) who stopped by for Nina's 96th birthday. This turned out to be one of the best days that mom has had in a long time. I can't tell you how surprised & pleased I was seeing how she perked up & had one of her good rally moments. I owe you all a debt of gratitude and can't tell you how much mom enjoyed seeing all of you! Thanks Again! Son Paul Ehlers



A WARM WELCOME TO OUR TRANSFERRED AND NEW MEMBERS!

Dianne Jacobsen; Cynthia and Ronald Thorstad; Jessica, Lowell and Mark Hardy; Keith Riley; Cyndy Sample; Whitney Jones; Jessica Quenette; and Jeff Jenson.

We look forward to meeting each of you at the lodge, whether you are taking a culture class, shopping in the Butikk and/or attending a culture program held each 3rd Saturday at 2-4 pm, The culture program dessert/snack potlucks are delicious!

Sons of Norway is an Insurance Company

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Marshall
Pat LaMoe patlamoe@msn.com

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(719) 671-3551
elishamcdowell.work@gmail.com

Sunshine: Juliann Jenson
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Trollheim Lodge donates \$50 to the Scholarship fund in remembrance of each departed member.

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Trollheim Building Corporation (TBC)

President: Ron Taylor
Vice-President: Arne Jorgensen
Treasurer/Rentals: Michael Homan 303-888-2934
Secretary: Connie Bartram
Summer Cleanup: Charlie Martin

Joan's Norske Butikk

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managernorskebutikk@gmail.com

Crew:

Syrena Plakke
Dani East
Cheryl Amdahl
Mary Kilgannon
Penny Sargent
Bev Moe

Photographer/Historian:

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Publicity:

Penny Sargent
a54penny@gmail.com

Upcoming Classes/Open Studio

We will have Open Studio on April 4th & 18th , from 9:30-1:00. Bring your unfinished objects (UFO's) and \$5 Studio fee.

Join us at Trollheim Lodge on April 25th (9:30am – 3:30pm) to explore the vibrant Os style of rosemaling taught by **Kirstin Lewis**. Hailing from the Hordaland region near Bergen, Os is beloved for its whimsical flowers, symmetrical layouts, and bright colors that offer a cheerful contrast to the other styles of rosemaling. In this one-day class, we will use acrylics to paint canvased refrigerator magnets, a perfect small-scale project for mastering this energetic style. The cost is \$20 for the class plus a \$5 supply fee; please bring your acrylic brushes and lunch for midday break.

(Right) Arne Jorgensen repairing the gutter with Michael steadying the ladder! Tusen takk guys for keeping the lodge in tip-top shape!



Joan's Norske Butikk
A Scandinavian Gift Shop
located in
Trollheim Lodge
6610 W. 14th Ave
Lakewood, CO 80214
(303) 232-1700
Open Saturdays 9:30am - 1:30pm



A SCANDINAVIAN STORE
In your backyard at
6610 W 14th Ave, Lakewood CO
80214
(1 block south of Casa Bonita)

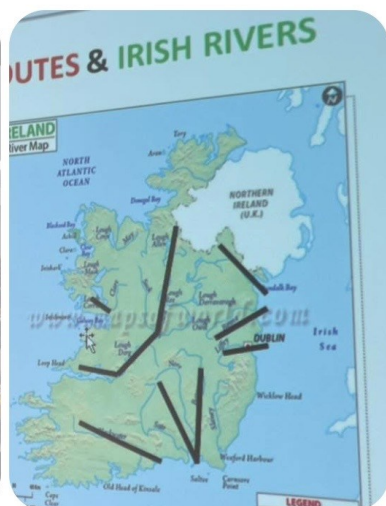
ANNUAL PRESENTATION DATE CHANGE

Our annual ceremony, which includes the presentation of 5-year increment pins, cultural skill pins and member memorial acknowledgment, will be held on Saturday, April 18th at our regular scheduled time of 2:00pm. This event is normally held in February, but with our unpredictable winter weather, changing to April will hopefully make it easier for more members to attend. Thank you for understanding. For those of you who may qualify for a cultural pin please contact your mentor directly or Taryne Jensen at Taryne1@msn.com.

GENEALOGY

Genealogy lead Esther Mills held the attention of the genealogy class when introducing Norwegian VIKING Remnants in Ireland (cities/towns, surnames, languages, artifacts and DNA). Esther also covered the Viking groups: Denmark, Sweden and Norway.

Taryne Jensen(Membership), Trollheim 6-110 Lodge, Lakewood CO. Preparing for Installation of new 2026 members and officers



INSTAGRAM

The Trollheim Lodge is now on Instagram - follow us at @trollheimlodge. This account posts up-to-date photos and information about lodge events and activities. To join Instagram, download the app from the App Store (iOS or Apple) or Google Play Store (Android) or visit [instagram.com](https://www.instagram.com) on a desktop. Tap "Sign Up" or "Create New Account," enter your email/phone number, create a username and password and follow the prompts to add profile details.

Please contact **Juliann Jenson** (jkjenson@comcast.net) or **Siri Martin** (Sirimartin619@gmail.com)



Hostess **Louise Bath** getting ready for the big day, Dameklubb BUNAD TEA PARTY, April 11, 2026. Bunad program, Viking candy boats and beautiful tea cups on display. (left)



Advanced Rosemal student, **Cynthia Thorstad**, displays her stunning rosemal box during Louise Bath's Rosemaling class (right)

Trollheim Rosemal History

Jane Hanson of Evergreen was the first Rosemaling teacher at Trollheim Lodge. She offered tutoring and beginners. Classes were at the home of Joyce Onorheim Boe during store hours.

In 1984, Joyce had a Scandinavian shop in her basement with coats and jackets from Dale, Norwegian jewelry and fine silver and glassware. The space for class was just a card table and four chairs with room for 3 students of Telemark style. The current Lodge Hall was just a dream of several lodge volunteers working Bingo.

When the lodge purchased the current property in 1986, the north rooms, the library, store and Viking room / classroom and the kitchen were all part of a Law office. Massive renovation stripped out the facility down to bare walls and cement floors.

Carlene Smith travelled from Cheyene, WY and taught all levels of Telemark and Old Style Rogaland. She had studied at Decorah, IA and classes in Cincinnati before eventually moving to Cheyene and then Lakewood.

We all enjoyed the ever-changing construction Zones with plastic walls, bare cement floors, paint cans and the occasional class in the kitchen or library. Carlene stressed that Rosemaling was a Folk Art and emphasized a relaxed and fun atmosphere.

We had a core group of 6-10 students for three years. All painting was done in oils with a quick excursion into fabric paints for fabulous sweatshirts.

Carlene moved to Chicago and Jean Kline of Jenie's Tole Hut was contacted to teach. Jean was a massive switch in teaching and material styles still in Telemark but with very precise designs, colors and stroke work. Within 2 years the students and the class moved to her store front in Northglenn as renovation and construction continued and the main hall was added to the lodge building.

One of Jeane's dedicated students took on teaching at the lodge once the classroom was fit for regular use. Al Erhet and his student's legacy transformed bare walls with the many Rosemal works on display throughout the lodge. Al Ehret Jr taught for 14 plus years. Time caught up on Al and he retired.

We are so fortunate to have two Vesterheim Gold Medalists as members of our lodge with Louise Bath teaching all levels and a variety of traditional styles in house with teachers Kirstin Lewis and Laria Lovic teaching as well. Toshiko Ogishi VGM is a member from the merged Storfjell Lodge and teaches in Hawaii & Japan.

Respectfully submitted by Diane Molter

Louise Bath teaching her Rosemal class in the Trollheim Viking room. This beautiful colorful Hallingdal Style Box with Norwegian girl on a Unicorn surrounded by Hallingdal scrolls. The front also features 2 Birds on scrolls.




Trollheim's Financial Status

Recently a member inquired if the Butikk is doing financially well. My answer, "yes, the Butikk is doing well." Let me explain; the lodge operating expenses (especially utilities and insurance) have greatly increased. We have expended major repairs and maintenance for the furnaces, air conditioners and kitchen equipment. On the Butikk side, computer/transactions and equipment continually increase. The age of buying a stand-alone software package is gone and replaced with monthly subscription fees of *Shopify* for the Butikk Point of Sale (POS) and recordkeeping, new tablets etc. were required to operate *Shopify*.

Perry created a Finance Committee a couple of years ago; that committee is staying on top of the financial challenges and reality. To further inform, the insert is the D17 form (combines the Lodge and Joan's Norske Butikken) required by and filed with Sons of Norway Headquarters. The D17 for 2025 has footnotes of net losses for 2024 and 2023; these "bottom line" amounts show the loss trend/pattern of our lodge finances. Joan's Norske Butikk is the largest source of income. Other lodge income comes from the 2-day Christmas Fair, the Dameklubb tea, the large dinner events, and a small portion of the dues you pay. Adding all these income sources together doesn't come close to paying the expenses of this large facility. Fortunately, the Trollheim Building Corporation (TBC) rentals to High Country Chorus are also critical and helpful to decrease operating losses.

Please contact Perry or me with your questions so we may share the questions/answers in the newsletter to keep all members up to date.

Connie Bartram, Treasurer

D17 LOCAL LODGE FINANCIAL STATEMENT 

Lodge Name: Trollheim Lodge Number: 6-110 For Period Ending: 12/31/2025

INCOME STATEMENT		BALANCE SHEET	
1. Receipts		6. Cash on hand and in bank	\$ 46,172.00
a. Dues and initiation fees	\$ 2,464.00	7. Investments	\$ 164,901.00
b. Fundraising	\$ 68,832.00	8. Furniture and equipment	\$
c. Interest and dividends	\$ 5,080.00	9. Other inventory	\$ 33,917.00
d. Other, sold artwork	\$ 500.00	10. Total Assets	\$ 244,990.00
2. Total Receipts	\$ 76,876.00		
3. Disbursements		11. Loans, if any	\$
a. Community service	\$ 32,264.00	12. Other	\$
b. Fraternal support	\$ 72,199.00	13. Total Liabilities	\$ 464.00
c. Capital investment	\$	14. Net Worth line 10 minus line 13	\$ 244,526.00
d. Other	\$ 1.00	15. Total line 13 plus line 14	\$ 244,990.00
4. Total Disbursements	\$ 104,464.00	16. Net Worth as of Report Date (item 14 above)	\$ 244,526.00
5. Net Gain (Loss) line 2 minus line 4	\$ -27,588.00	17. Net Worth Prior Year-end	\$ 272,114.00
		18. Net Increase (Decrease) line 16 minus line 17	\$ -27,588.00

End of 2024 the net loss was \$35,004.
End of 2023 the net loss was \$45,185.

Norways National Flower

Heather symbolizes endurance. That matters in a country shaped by fjords, long winters, and rugged terrain.

In Norwegian folklore, heather is associated with protection and strength. Farmers historically used it for bedding livestock and even roofing. It isn't just decorative, it's useful!



YOU ARE CORDIALLY INVITED TO

Bunader i Vår
(Bunads in Spring)

Sons of Norway,
Trollheim Lodge
6610 W. 14th Ave.
Lakewood, CO 80214

Saturday, April 11, 2026
1:00 - 3:00 PM
\$30 per person
Tea & RSVP by April 1, 2026

SOLD OUT!!

Please join us for tea, tasty treats and gentle conversation

Joan's Norske Butikk will be open.

RSVP BY APRIL 1, 2026
fill out the form below and send to Barb Hessel or call at (303) 522-0800

Trollheim Annual Tea

Fill out this form and mail it, with your check, to Barb Hessel, 953 S. Holland St. Lakewood, CO 80226. Phone: 303-522-0800
Make checks payable to Sons of Norway.
PLEASE INCLUDE A SELF-ADDRESSED STAMPED ENVELOPE

Name _____

Email Address _____ # Of Guests _____

Phone Number _____ Total Amount: \$ _____

Seating Request _____



Dameklubb ladies enjoying lunch at the Wishbone Restaurant

(L-R) Delphine, Diane, Gail, Taryne & Cyndy